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CALIFORNIA WOMEN CONSIDER A NEW MOTTO: FROM "LEAN IN" TO "LEAN ON"

More than 9,000 Women Attend March 2nd Virtual CA Conference for Women

Civic engagement, preventative health care, leadership among the issues addressed.

SAN FRANCISCO, March 2— After two years of setbacks for women in the workplace, more than 9,000 women gathered virtually today at the 2022 California Conference for Women to explore how to move forward.

Brené Brown, research professor at the University of Houston and author of six #1 *New York Times* best-sellers, perhaps put it most memorably when she suggested: **"The whole 'lean-in' thing? We need to lean** *on* **each other."**

Brown was one of several high-profile keynote speakers at the nonprofit, non-partisan <u>conference</u> dedicated to advancing women in the workplace. Among the others:

- Legendary civil rights activist and community organizer **Dolores Huerta** urged women to get ever-more civically engaged. "We can't have a democracy unless everyone is involved," she said, adding: "Women's intuition and leadership and voices are desperately needed."
- And **Mary J. Blige**, Grammy Award-winning singer, songwriter, and Oscar-nominated actress, producer strongly urged women who put off preventative care during the height of COVID to get tested, citing her own family history of breast cancer.

A recent Hologic Global Women's Health Index found that in the past 12 months, approximately 1.5 billion women had not been tested for any of the most damaging diseases for women – including cancer, diabetes, high blood pressure, and sexually transmitted diseases.

Reflecting on the event, Hillary Weingast, board president of the California Conference for Women said: "The women of California are ready to lead in positive new directions in a world that has changed significantly over the last two years. And we are inspired that so many gathered together today to share ideas about how to move forward." Weingast is VP, Deputy General Counsel for Juniper Networks.

Some of the nation's leading professional and personal development experts also shared tips about how to lead in difficult times, cultivate mental well-being, advance equity, develop the skills to anticipate future disruptions and more. Among them were Mallika Chopra, author & CEO of Chopra International; Zakiya Dalila Harris, best-selling author of *The Other Black Girl;* and Amanda Ripley, investigative journalist and best-selling author of *High Conflict*.

Conference leaders also announced a \$100,000 contribution to help address food insecurity in California. A grant of \$50,000 will be contributed to **Stephen & Ayesha Curry's Eat. Learn. Play. Foundation** and another \$50,000 to the **California Association of Food Banks.**

The California Conference for Women is generously underwritten by presenting sponsor <u>Google</u>; champions for women <u>Gilead Sciences</u>, Inc.; Hologic; Indeed and Juniper Networks; official lifestyle sponsor <u>Target</u>; official networking sponsor <u>Cisco</u>; along with the following sponsors: <u>Bristol Myers Squibb</u>; <u>Dell Technologies</u>; Johnson & Johnson; <u>Raytheon Intelligence & Space</u>; Roche Sequencing Solutions, Inc.; UKG; Bayer; Cohesity; Merck & Co., Inc.; Niantic; State Street Corporation; Alaska Airlines; Amazon; Boston Scientific Corporation; LiveRamp; Oracle; Samsung Semiconductor, Inc.; Takeda Pharmaceuticals; and <u>Teradyne</u>; community partners Fairygodboss; Ladies Get Paid; and <u>PowerToFly</u>; and media partners <u>iHeartMedia</u> and <u>Harvard Business Review's Women at Work</u>.

The California Conference for Women is part of the <u>Conferences for Women</u>, a nationwide network of women's conferences that attracts more than 50,000 attendees a year.

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